



SHARON JAYNES

TAKE HOLD

OF THE

FAITH

YOU

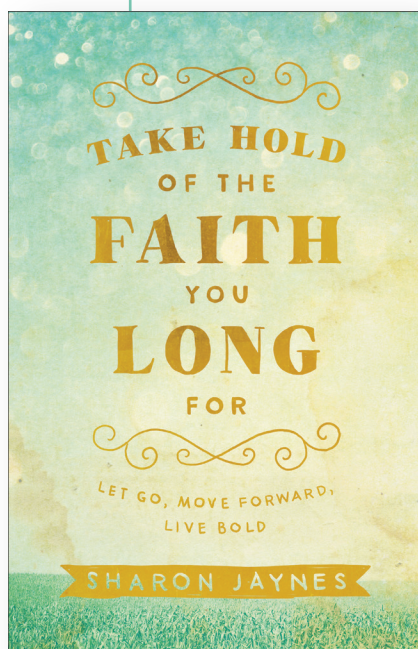
LONG

FOR

Coloring & Journaling Companion

ARTWORK BY BETH BIERBAUER

LET GO, MOVE FORWARD, LIVE BOLD



I don't know about you, but my early years in the faith were filled with wonder, expectancy, and downright giddiness.

But somewhere along the line, I had settled into being a good church girl—a Bible-study mom who moved into cul-de-sac Christianity, pitched my lounge chair under a shade tree, and waved at other well-mannered believers doing the same. Year after year I hoped, *Maybe this will be the Bible study that will make it all better.* And the truth is I didn't even know what the “it” was.

What I longed for was the abundant life that Jesus talked about in John 10:10. And you know what? God showed me through Scripture, prayer, and many holy field trips in the ups and downs of life how to make that a reality. If you'd like to lock arms and take that same journey with me, *Take Hold of the Faith You Long For* is the road map to help you get there. We'll learn how to let go of all that holds us hostage to a less-than life, move forward by believing God's promises, and live the adventurous faith of bold believing. You'll never be the same!

My prayer is that this coloring book journal will provide a place for you to reflect on where you've been, look forward to where you want to go, and grab onto the hand of Jesus to help you take hold of the faith you've always longed for.

HOW TO USE THIS JOURNAL

In the following pages, you'll see some of my favorite Take Hold Bible verses and quotes.

*As you fill in the spaces with color, ask
God to fill your heart spaces with the
assurance of His love, the clarity of His
will, and the power of His Spirit.*

Post the pictures around your home to remind you of God's promises. You could even frame the colored pages and put them where you can see them often.

You'll notice a smaller version of the coloring pages at the end of the journal. You can print these off on cardstock, cut around the borders, and use them as memory cards, postcards, or place cards with a gathering of friends.

Don't forget to share your pictures on Instagram, Facebook, Twitter, or Pinterest! Just take a picture with your phone and post away. I'd love to see your masterpiece!
You can email me your favorite artwork to Sharon@SharonJaynes.com.

I press on to
take hold
of that
for
which

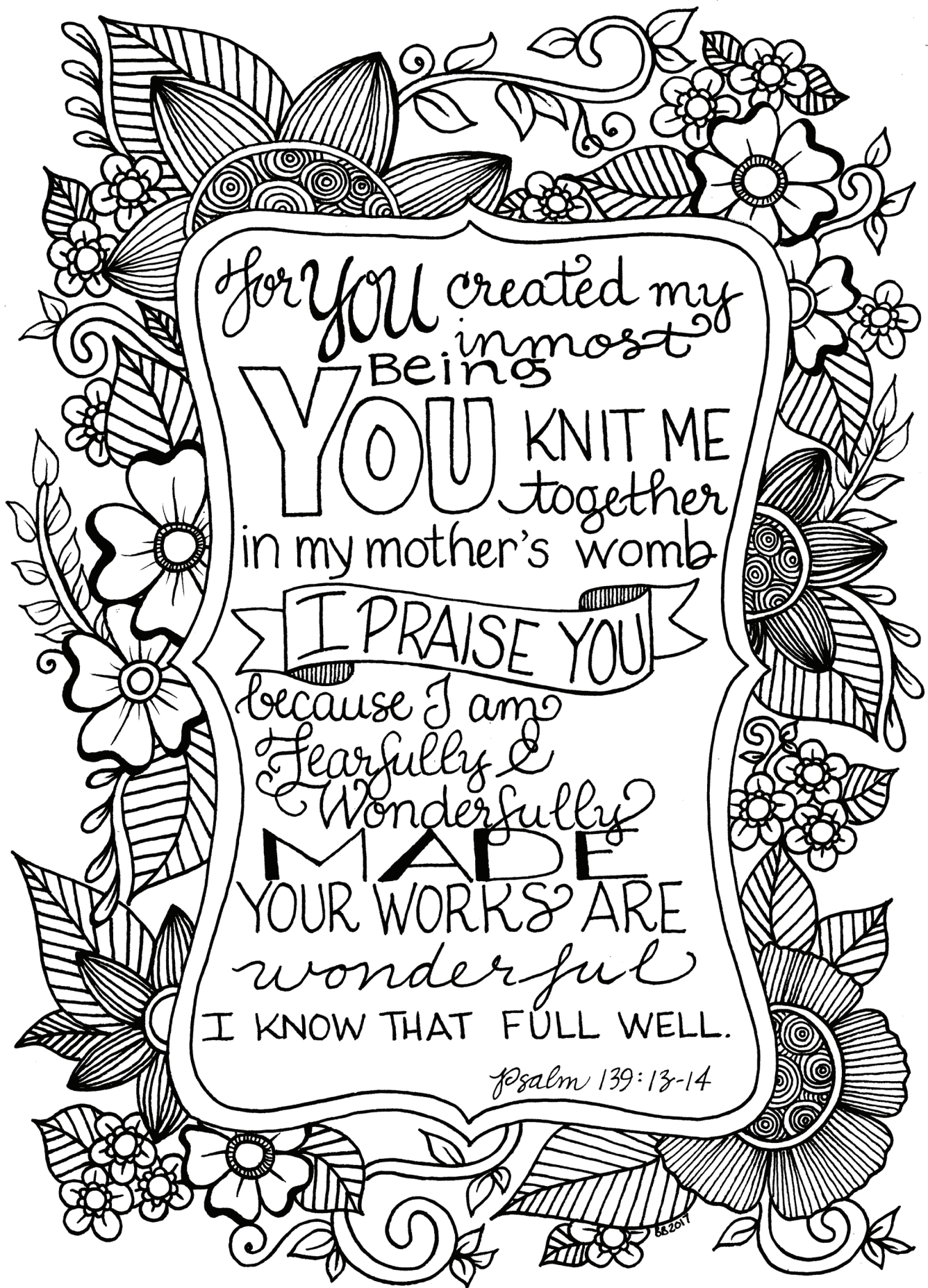
C
H
R
I
S
T

Jesus

took hold of me.

Philippians 3:12

[illegible]A circular logo for Sharon Jaynes. The name "SHARON" is at the top and "JAYNES" is at the bottom, both in a sans-serif font. In the center is a large, stylized, cursive "SJ".



for *you* created my
in most
Beings

YOU KNIT ME
together
in my mother's womb

I PRAISE YOU

because I am
Fearfully &
Wonderfully

MADE
YOUR WORKS ARE
wonderful
I KNOW THAT FULL WELL.

psalm 139:13-14

Psalm 139:13-14 NIV

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1 Corinthians 2:9 NIV

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on the right side, suggesting it's resting on a surface.A circular logo for Sharon Jaynes. The name "SHARON" is at the top and "JAYNES" is at the bottom, both in a sans-serif font. In the center is a large, stylized, cursive "SJ".



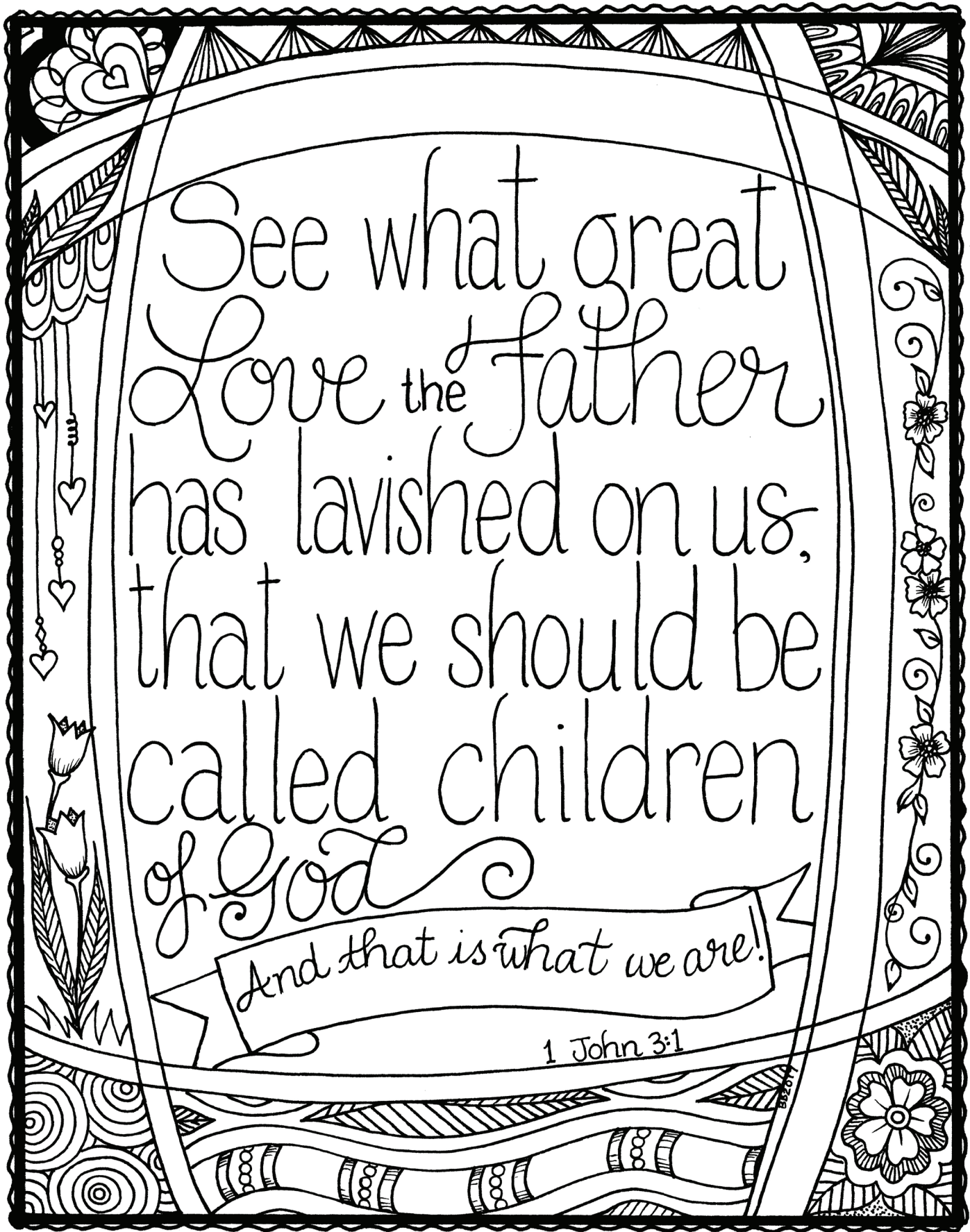
There is no fear in
LOVE
[dread does not exist],

but full-grown
(complete, perfect)
LOVE

turns fear out of doors
& expels every
trace of terror!

1 John 4:18

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See what great
Love ^{the} Father
has lavished on us,
that we should be
called children
of God

And that is what we are!

1 John 3:1

“See what great love the Father has lavished on us,
that we should be called children of God!
And that is what we are!”

1 John 3:1 NIV

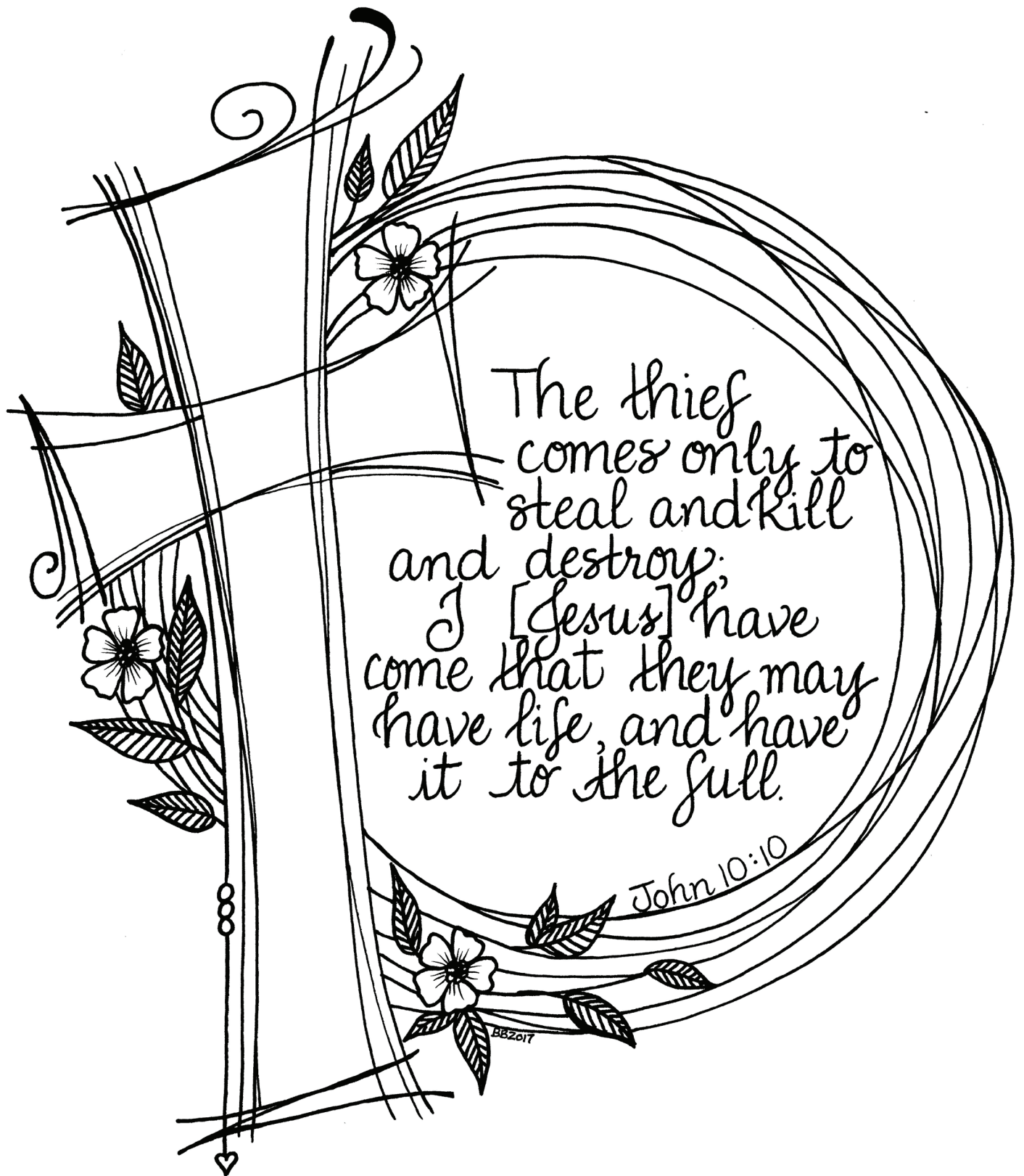
“Allow God to baptize you in the affirmation of your true identity:
You are His child, whom He loves. With you He is well pleased.”



“It is up to you to relentlessly protect your identity and not allow the thief to steal your confidence.”




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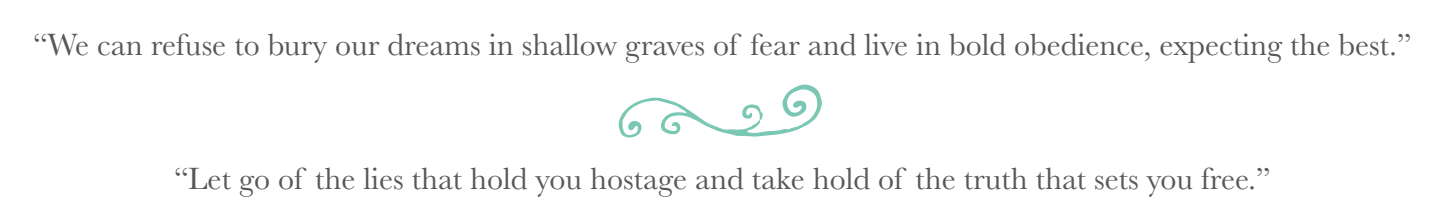


[illegible][illegible]


“We can refuse to bury our dreams in shallow graves of fear and live in bold obedience, expecting the best.”



“Let go of the lies that hold you hostage and take hold of the truth that sets you free.”



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Praise be to the God and
Father of our Lord Jesus Christ
who has blessed us in the
heavenly realms with every
SPIRITUAL BLESSING in CHRIST.

Ephesians 1:3

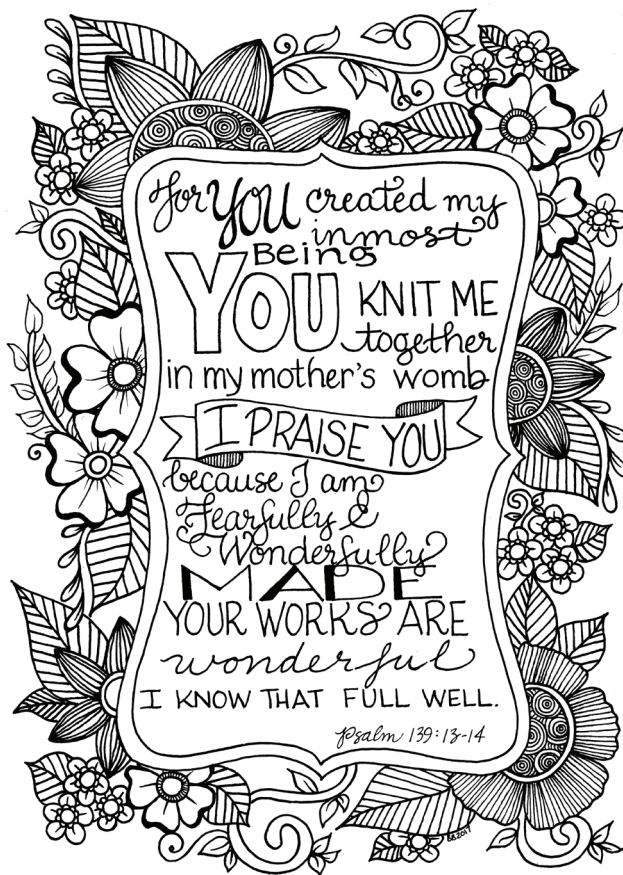
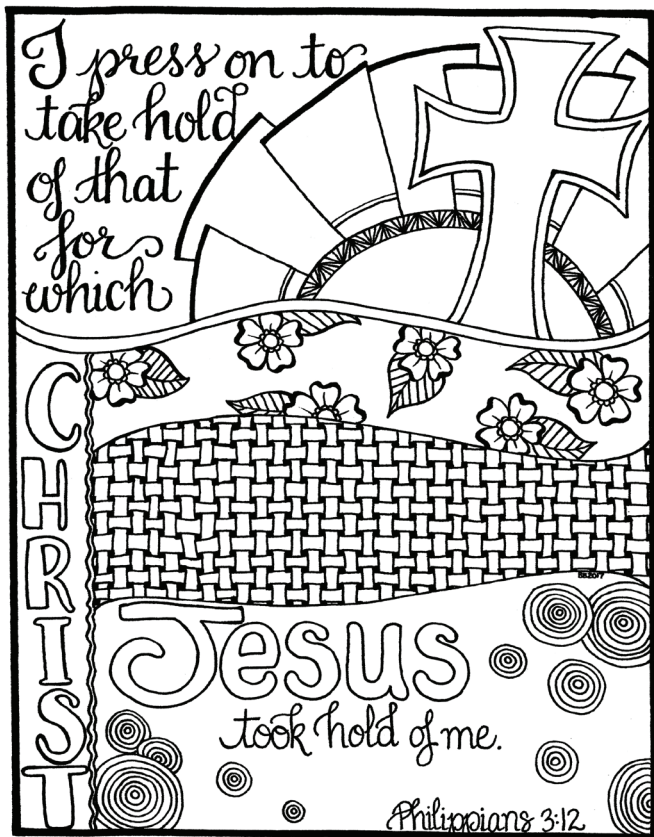
Ephesians 1:3

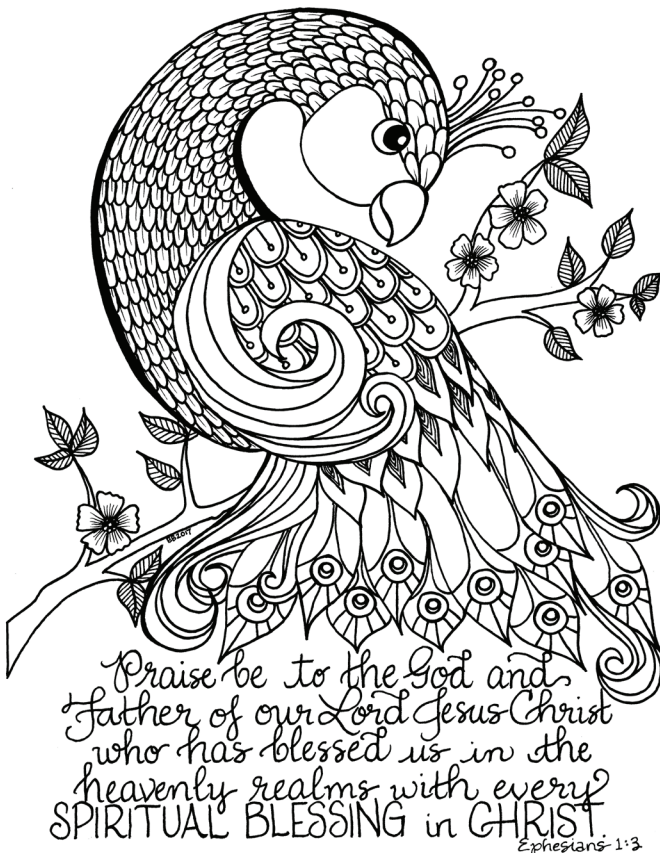
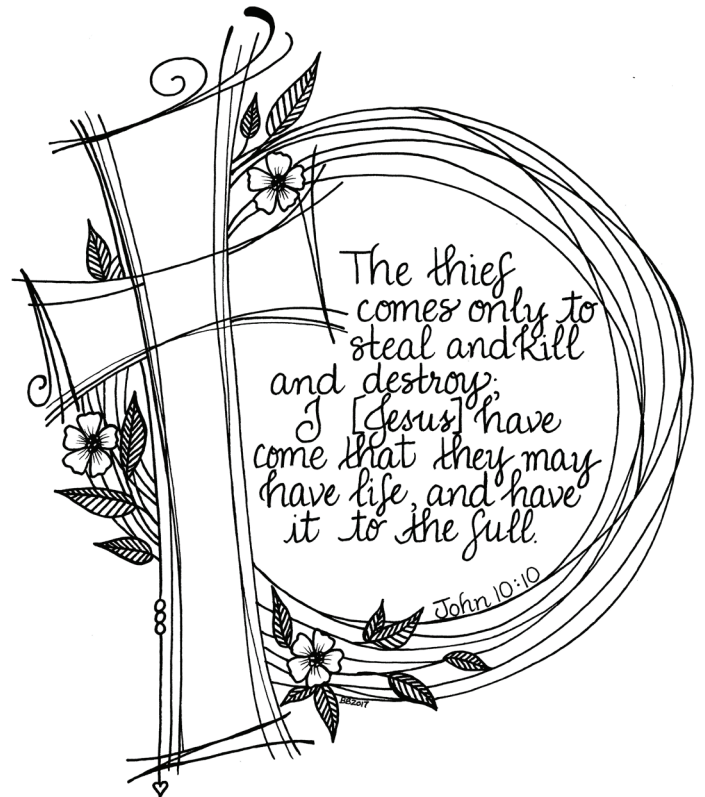
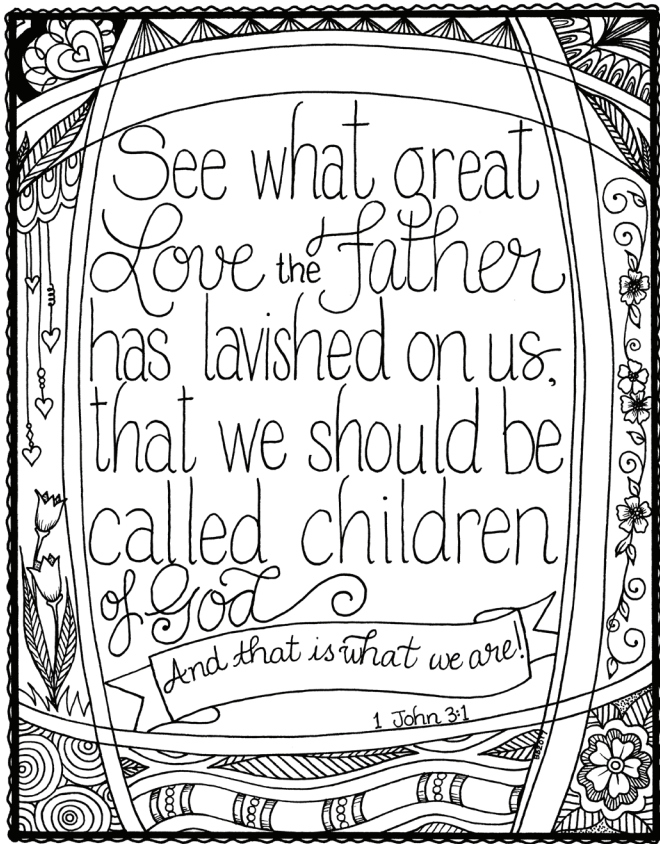
This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.A circular logo for Sharon Jaynes. The name "SHARON" is at the top and "JAYNES" is at the bottom, both in a sans-serif font. In the center is a large, stylized, cursive "SJ".



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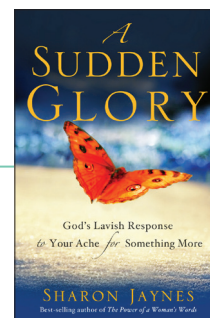
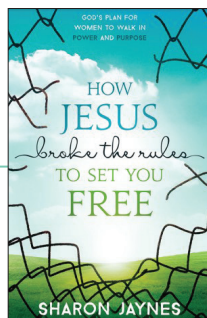
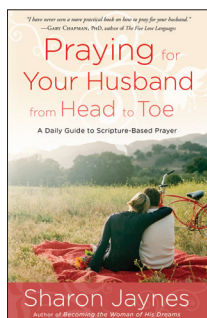






SHARON JAYNES is a speaker, Bible teacher, and the author of 21 books. Her book *Take Hold of the Faith You Long For: Let Go, Move Forward, Live Bold* is helping women all around the world move beyond all that holds them back from experiencing the thriving adventure of faith and toward embracing life to the full that Jesus came to give. “Get ready to leave behind feelings of inferiority, insecurity, and inadequacy that hold you hostage and take hold of the mountain-moving faith God intends!”

Other Books by Sharon:



For a complete list, visit SharonJaynes.com



Connect with Sharon

Website and Blog: SharonJaynes.com



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