

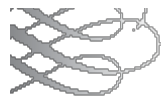


The Power of a Woman's Words

Bible Study Guide

For Use with DVD

By
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DVD Lesson 1

God's Incredible Gift

“With the tongue we praise our Lord and Father, and with it we curse human beings, who have been made in God’s likeness. Out of the same mouth come praise and cursing. My brothers and sisters, _____ . Can both fresh water and salt water flow from the same spring? My brothers and sisters, can a fig tree bear olives, or a grapevine bear figs? Neither can a salt spring produce fresh water” (James 3:9-12 TNIV).

“And, God _____ ”
(Genesis 1:3,6,9,14,20,24).

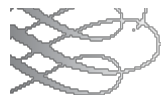
“By the _____ of the Lord were the heavens made, their starry host by the breath of his mouth” (Psalm 33:6).

“Our words become the _____ in which other people see themselves.”

1. Our words are a powerful force. (James 3:3-5)

“_____ and _____ are in the power of the tongue”
(Proverbs 18:21 NASB).

2. There is a desperate _____ in our community for people to be using encouraging words.
3. It is a very simple _____.



Encouragement = to give _____ or _____ to;
to raise the hopes of; to help by offering sympathetic advice and
interest, to advise and make it easy for [someone to do something];
to promote or stimulate; to _____.

Discouragement = to say or _____ the
courage of, to deter, to lessen enthusiasm for and so to restrict or
_____.

*“A word is dead when it is said, some say.
I say it just begins to live that day.”*

—Emily Dickinson

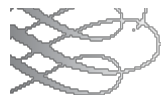
The Hebrew word for “mouth” is *peh* and is often translated
_____. Like a knife, the tongue has a sharp, powerful edge
that can either be used to heal or destroy.

I can be an _____ person who lifts people up, or a
_____ person who brings people down.

Jesus was a master of encouraging others to reach beyond their own
perceived gifts and abilities. He told His disciples:

“_____ rather to the lost sheep of Israel. As you go,
_____ this message: ‘The kingdom of heaven is near.’
_____ the sick, _____ the dead, _____
those who have leprosy, _____ demons. Freely you
have received, freely give” (Matthew 10:6-8).

“_____ and make disciples of all nations, baptizing them in
the name of the Father and of the Son and of the Holy Spirit, and
_____ them to obey everything I have commanded you.
And surely I am with you always, to the very end of the age”
(Matthew 28:19-20).



“I tell you the truth, anyone who has faith in me will do _____
_____ have been doing. He will do even
things than these, because I am going to the Father” (John
14:12).

A careless word may kindle strife;
A cruel word may wreck a life.
A bitter word may hate instill;
A brutal word may smite and kill.
A gracious word may smooth the way;
A joyous word may light the day.
A timely word may lessen stress; A
loving word may heal and bless.

—Author Unknown



*“May the words of my mouth and
the meditation of my heart
be pleasing in your sight, O Lord,
my Rock and my Redeemer.”*

Psalm 19:14





DVD Lesson 2

The Power of Our Words to Children

It's better to _____ children than _____ adults.

Studies show that in the average home _____ negative words are made for every _____ positive word.

“Affirming words from moms and dads are like light switches. Speak a word of affirmation at the right moment in a child’s life, and it’s like lighting up a whole roomful of possibilities.”

—Gary Smalley and John Trent

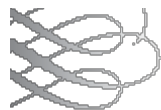
“Fathers, do not _____ or _____ or fret your children [do not be hard on them or harass them], lest they become _____ and _____ and morose and feel inferior and frustrated. [Do not break their spirit]” (Colossians 3:23 AMP).

_____, don't you do it either.

We tame the tongue by _____ and _____.

“How many people stop because so few say ‘Go!’”

—Charles Swindoll



Our words can make children feel like a _____ who can accomplish great feats or like a _____ who is destined to be a loser.

Sticks and stones may break my bones, but _____ will break my heart.

Will I be a chief _____ or a chief _____?



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 DVD Lesson 3

The Power of a Woman's Words to Her Husband

“The Lord God said, ‘It is not good for the man to be alone. I will make a helper suitable for him’” Genesis 2:18.

Negative Words

A woman's words can be used to _____ her man.

A woman's words can be used to _____ her man.

A woman's words can be used to _____ her man.

B=Bless
E=Edify
S=Share
T=Touch

Positive Words

A woman's words can be used to _____ her man.

A woman's words can be used to _____ her man.

A woman's words can be used to _____ her man.

“Like a gold ring in a _____ is a beautiful woman who shows no discretion” (Proverbs 11:22).

“A quarrelsome wife is like a _____ ”
 (Proverbs 19:13).

“Better to live on a _____ of the roof than share a house with a quarrelsome wife” (Proverbs 21:9).



“A quarrelsome wife is like a _____ on a rainy day; restraining her is like restraining the wind or grasping oil with the hand” (Proverbs 27:15-16).

“A wife of noble character who can find? She is worth far more rubies. Her husband has full confidence in her and _____ of value. She brings him _____, not harm, all the days of her life...Her children arise and call her blessed; her husband also, and he _____ her: ‘Many women do noble things, but you surpass them all’ ” (Proverbs 31:10-12,28-29).

“Let the wife make the husband glad to come home, and let him make her sorry to see him leave.”

—Martin Luther

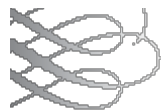
The Power of a Woman’s Words to Her Friends

“Don’t urge me to leave you or to turn back from you. Where you go I will go, and where you stay I will stay. Your people will be my people and your God my God. Where you die I will die, and there I will be buried. May the Lord deal with me, be it ever so severely, if anything but death separates you and me” (Ruth 1:16-18).

Ruth blessed _____.

“Blessed are you among women, and blessed is the child you will bear...Blessed is she who has believed that what the Lord has said to her will be accomplished!” (Luke 1:42,45).

Elizabeth blessed _____.



“A friend is someone who understands your past, believes in your future, and accepts you just the way you are.”

—Author Unknown

“Let us consider how we may spur one another on toward love and good deeds” (Hebrews 10:24).

“As iron sharpens iron, so one person sharpens another” (Proverbs 27:17 TNIV).

Jesus said, “Treat others as you want them to treat you” (Luke 6:31 TLB).



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 DVD Lesson 4

The Power of a Woman's Words to Fellow Believers

“As occasion and opportunity open to us, let us do good [morally] to all people [not only being useful or profitable to them, but also doing what is for their spiritual good and advantage]. Be mindful to be a blessing, _____ to those of the household of faith [those who belong to God's family with you, the believers]” (Galatians 6:10 amp).

“When we came into Macedonia, this body of ours had no rest, but we were harassed at every turn—conflicts on the outside, _____” (2 Corinthians 7:5)

“We are _____ on every side, but not crushed; perplexed, but not in despair; persecuted, but not abandoned; struck down but not destroyed... Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or nakedness or danger or sword?... No, in all these things we are more than conquerors through him who loved us” (2 Corinthians 4:8-9; Romans 8:35,37).

Paul always started his letters with encouraging words. (Philippians 1:3-6; Colossians 1:3-6,9)

*“So live that you wouldn't be ashamed
to sell the family parrot to the town gossip.”*

—Will Rogers



Deborah paved the way with encouraging words. (Judges 4–5)

The name Deborah means “bee.” She served as judge under a palm tree that became known as “the palm of Deborah.”

The NIV Study Bible says: “The Hebrew word for ‘honey’ refers to both bees’ honey and the sweet syrupy juice of dates.

Deborah, the Bee, dispensed the sweetness of justice as she held court, not in a city gate where male judges sat, but under the shade of a ‘honey’ tree.”*

“Pleasant words are a honeycomb, sweet to the soul and healing to the bones” (Proverbs 16:24).

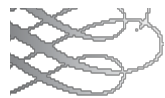
Ways Deborah used her words to pave the way:

Miriam stopped progress with discouraging words. (Numbers

12) Ways she used her words to stop progress:

“Do everything without complaining or arguing”
(Philippians 2:13).

* Kenneth L. Barker, *The NIV Study Bible (Fully Revised)* (Grand Rapids, MI: Zondervan Publishing House, 1994), p. 336.



“He who refreshes others will _____ be refreshed”
(Proverbs 11:25).

“Do not withhold _____ from those who deserve it,
when it is in your power to act” (Proverbs 3:27).

“_____ one another and build up each other
up, just as in fact you are doing” (1 Thessalonians 5:11).

*“Kind words are easy to speak, but
their echoes are truly endless.”*

—Mother Teresa

The Power of A Woman’s Words to the World

“We are therefore Christ’s _____, as though
God were making his appeal through us” (2 Corinthians 5:20).

Paul refers to Christians as _____
“written not with ink but with the Spirit of the living God, not on
tablets of stone but on tablets of human hearts” (2 Corinthians 3:3).



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DVD Lesson 5

The Promise of Power

“The prayer of a righteous person is _____ and effective” (James 5:16 TNIV).

“Though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine _____ to demolish strongholds” (2 Corinthians 10:3-4).

The word “power” is from the Greek word *dunimous*, which is where we get the English word _____.

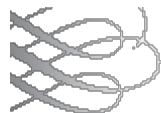
*“Lord, make my words gracious and tender,
for tomorrow I may have to eat them!”*

—Author Unknown

“I urge you, brothers, by our Lord Jesus Christ and by the love of the Spirit, to join me in my _____ by praying for me” (Romans 15:30).

The word “struggle” in the Greek is *sunagonizomai* and means “to struggle in the company of, i.e., to be a partner (assistant), strive _____ with.” The root word means “to endeavor to accomplish something; fight, labor fervently, strive.” For example, to compete for a prize or to contend with an adversary.

Paul asked believers to struggle with him in prayer. (Ephesians 6:19-20)



The Product of Practice

The bad news:

“All kinds of animals, birds, reptiles and sea creatures are being tamed and have been tamed by human beings, but _____ can tame the tongue” (James 3:7 TNIV)

“Every thought is a seed. If you plant crab apples, don’t count on harvesting Golden Delicious.”

—Bill Meyer

The good news:

“Is _____ too hard for the Lord?” (Genesis 18:14)

“_____ is impossible with God” (Luke 1:37).

“I can do _____ through Him who strengthens me” (Philippians 4:13).

Jesus explained to His disciples: “You will receive _____ when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth” (Acts 1:8).

“Before Pentecost the disciples found it hard to do easy things; after Pentecost they found it easy to do hard things.”

—A.J. Gordon



Steps to Taming the Tongue

_____ your heart. (Matthew 12:33-37)

_____ your mind. (Romans 12:2-3)

_____ your reflexes. (2 Corinthians 10:3-5)

_____, practice, practice. (Philippians 4:8-9)

T = True
H = Helpful
I = Inspiring
N = Necessary
K = Kind

Psychologists say it takes _____ days to establish a new habit.

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 DVD Lesson 6

The Potency of Silence

“I put my _____ over my mouth (Job 40:4).

“When words are many, sin is not absent, but he who _____ his tongue is wise” (Proverbs 10:19).

“Even a fool is thought wise if he keeps _____, and discerning if he _____ his tongue” (Proverbs 17:28).

“_____ over my mouth, O Lord; keep watch over the door of my lips” (Psalm 141:3).

*“Think all you speak,
but speak not all you think.”*

—Patrick DeLaney

“Whoever repeats the matter _____ close friends” (Proverbs 17:9).

“Those of great minds discuss ideas, people of mediocre minds discuss events, and those of small minds discuss _____.” -Charles Allen

Gossip = easy, fluent, trivial talk; talk about other people

“Make every effort to avoid a gossip” (Proverbs 20:19).

Silence can Be Golden

“To everything there is a season, a time for every purpose under heaven... a time to keep _____ and a time to _____” (Ecclesiastes 3:1,7).

“[She] who guards [her] lips guards [her] life, but [she] who speaks rashly will _____” (Proverbs 13:3).

“He was oppressed and afflicted, yet he did not open his mouth; he was led like a lamb to the slaughter, and as a sheep before her shearers is silent, so he did not open his mouth” (Isaiah 53:7).

“The reason a dog has so many friends is because he wags his tail instead of his tongue.”

—Author Unknown

The Passport to Refreshing the Soul

“The jar of flour was _____ used up and the jug of oil did _____ run dry, in keeping with the word of the Lord spoken by Elijah” (1 Kings 17:16).

The Bucket Principle: God has given each of us a bucket of _____.

=====
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