

Praying for My Husband from Head to Toe

His Mind – Keep my husband’s mind steadfast on You so that he can experience perfect peace. Weed out any thoughts that do not line up with Your Word, and plant new thoughts that will help him grown into the spiritually mature man You created him to be. Keep his thought life rotating on the axis of eternal truth.

Isaiah 26:3; Romans 12:2; Colossians 3:2

His Eyes – Keep my husband from looking at anything or anyone that would tempt him to sin. Open his eyes to recognize You actively working in his life.

Genesis 3:6 Psalm 101:3; Job 42:5

His Ears – Tune my husband’s spiritual ears to the frequency of Your voice. Turn his ears away from foolish, empty-headed talk of the worldly wise and toward wise discerning words of the spiritually wise.

Job 33:14-17; Proverbs 8:33-35; Isaiah 50:4

His Mouth – Set a guard over my husband’s mouth, and keep watch over the door of his lips. Give him a well instructed that speaks truth and brings peace, and prevent any ungodly word from slipping into his conversations.

Psalm 141:3; Proverbs 13:3; Proverbs 18:21

His Neck – Show my husband the best choice for every decision he faces today. Fill him with the knowledge of Your will so that he will be able to evaluate his options wisely and choose Your best confidently.

Psalm 143:10; Psalm 119:34; James 1:5

His Shoulders – No matter what my husband goes through today, assure him that nothing is too head for You. Empower him to cut the cords of worry with the saber of praise and to place his burdens on Your able shoulders.

Genesis 18:14; Deuteronomy 31:8; Psalm 9:10

His Heart – Place a hedge of protection around his heart to keep corruption out and purity in. Give him a joyful heart.

Proverbs 4:23; Proverbs 17:20; Proverbs 17:22

His Back – Protect him in the physical and spiritual realms. Keep him from the devil’s schemes that would attempt to trap him or trip him up. Thank you that no weapon formed against him will stand.

John 10:10; 2 Corinthians 10:3-5; Ephesians 6:10-18

His Arms – Help my husband be strong and courageous in Your mighty power. Bolster his courage when he is afraid and reassure him when he doubts.

Deuteronomy 31:6; Joshua 1:9; Ephesians 6:10

His Hands – Bless the work of my husband's hands. Reward his efforts and bring him success.

Deuteronomy 33:11; Deuteronomy 28:12-13; Psalm 90:17

Ring Finger – Help my husband and I to be a cord of three strands that is not quickly broken. Give us unity in spirit, commitment to our vows, and a heart of love that grows everyday.

Ecclesiastes 4:9-10; Genesis 2:18; Proverbs 5:18-19

Side – I pray my husband will enjoy living in unity with friends, family, and coworkers. Protect him from wrong relationship and lead him to right ones.

Psalm 133:1-2; Proverbs 12:26; Proverbs 27:17

His Sexuality – Help him to flee sexual immorality. I pray that he will feel secure in the knowledge that he is my lover and my friend and that he will feel fulfilled in our sexual relationship.

1 Corinthians 6:18-20; 1 Corinthians 6:13; Song of Songs 5:16

Legs – No matter what anyone else around him is doing or saying, give my husband a righteous determination to take a firm stand for the truth.

Joshua 24:15; Psalm 40:2; Ephesians 6:11

Knees – I pray my husband will humble himself before You and that You will lift him up at the appointed time.

James 4:10; Psalm 95:6-7; Psalm 25:9

Feet – May Your Spirit guide my husband to walk in the way You have commanded him so that he may live and prosper and prolong his days. Hem him in so that he will not veer to the right or the left but will keep his feet on the path You have marked out for him.

Deuteronomy 5:33; Psalm 37:23-24; Psalm 66:8-9

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A Daily Guide to Scripture-Based Prayer

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